

THE NORTH CAPE LINE - SOUTH - 9 DAYS FROM TROMSO TO OSLO

See the stunning beauty of the Norwegian coast, from its northernmost point to its southernmost point. Join us as we sail from Tromsø, 'Gateway to the Arctic', to Norway's capital you'll never forget.



ITINERARY

Day 1 Gateway to the Arctic Tromsø – gateway to the Arctic *

Welcome to Tromsø and the start of your voyage!

Before you get settled into your cabin on MS Trollfjord, give yourself plenty of time to explore Tromsø. This urban city 350 km north of the Arctic Circle is buzzing with life, with everything from trendy restaurants and cafes to boutique shops selling local crafts and produce, and even high fashion. You can visit the Polar Museum, which chronicles the city's legacy of Arctic hunting and trade. Head to the Polaria centre, an aquarium home to a variety of Arctic marine species, including seals. Across the water from Polaria, you'll find the Arctic





Cathedral, standing out in the cityscape due to its striking design and impressive stained-glass window.

In the evening, you'll begin your voyage, leaving Tromsø behind to sail around the northernmost point of mainland Europe.

Day 2 The northernmost point Honningsvåg – gateway to the North Cape *

Arriving early in the morning, you'll have a full day in Honningsvag. This far north, winters are long and snowfall is high, so get ready for some fantastic winter scenery and activities.

Feel the snow crunching under your snowshoes as you hike across the plains with your Coastal Experience Team. On optional excursions, you could try your hand at ice fishing, a beloved winter tradition in the far north. Get a taste of the local delicacy, king crab, which is caught in the waters around Honningsvag and served year-round.

The highlight of any trip to Honningsvag is a visit to the North Cape which looks out over the Barents Sea, also available as an optional excursion. This is one of the northernmost points of mainland Europe, and as we're visiting in winter, you can even choose to get there by snowmobile.

Having reached the northernmost point of our voyage, we'll turn around and begin going south as we sail away in the evening.

Day 3 The city of Northern Lights Alta *

At 70 degrees north, this town is far above the Arctic Circle. The area is known for particularly good Northern Lights visibility, so keep your camera ready.

On an optional excursion, you can find out more about day-to-day life in Alta, see prehistoric rock art and visit the Northern Lights Cathedral, which has an exhibition showing how Alta became the epicentre for ground-breaking research of the aurora borealis between the 19th and 20th centuries.

Increased snowfall in the winter allows for some truly authentic Arctic excursions, like dogsledding. You can try this on wheels if you're here when there's no snow on the ground! The snow and climate of Alta also create the perfect conditions to build and maintain the Igloo Hotel. Located on the banks of river Alta, this is the world's northernmost ice hotel.

Alternatively, join your Coastal Experience Team on a hike to Mount Komsa. The views are mesmerising.

Day 4 Arctic beauty awaits Narvik *

Narvik was originally developed as a year-round, ice-free port for the nearby iron ore mines. Nowadays, it's known for its World War II heritage and as a gateway to active pursuits such as skiing, dog sledding and hiking.

On optional excursions, you can dive into Narvik's intriguing past at the Narvik War Museum, where the town's World War II history comes to life with engaging exhibits and narratives.

For a journey through the heart of the region, hop aboard the Arctic Train and journey along the iconic Ofoten Railway, treating yourself to panoramic views of majestic mountains. For panoramic views of Narvik from above, ride the cable car to the top of Narvikfjellet.

Day 5 Cruise the inner coastal route Brønnøysund – coastal charm right in the middle of Norway *

After Narvik, we head south along the enchanting Norwegian coast. You'll be in awe of windswept islands, sheltered bays, and some of the most beautiful fjords in the world. It's also inhabited by a wide range of wildlife, such as majestic Sea Eagles.

When we started sailing north of the Trøndelag region in 1893, much was still unknown about the coastline. But, over the years, we've become experts in these waters. Today, we are among the few with the maritime knowledge and skill to take you through the many skerries, islets and hidden fjords that





characterise this stretch of coast.

Day 6 Alpine village by the fjord Åndalsnes *

After docking in the town centre in the morning, you have the chance to explore Åndalsnes, a picturesque coastal town located along Isfjord at the end of Romsdalsfjord.

The literal highlights of Åndalsnes are the mountains that tower over the town. They are the reason the town has become Norway's go-to destination for hikers, climbers, skiers, and more. The Troll Wall, a 1,000 metre vertical cliff along the Romsdalen valley also attracts adrenaline seekers the world over.

Take in the sights with a city walk and a relaxing ride on the Romsdal Gondola, or, if you're visiting in spring or autumn, take the train along The Golden Route, named by Lonely Planet as 'the most scenic train journey in Europe'.

Whichever activities you choose, today brings you the best views of Isfjord and Romsdalsfjord, and the surrounding peaks.

Day 7 Beautiful Bergen Bergen - gateway to the fjords *

Surrounded by seven mountains and the sea, the old capital of Bergen is one of Norway's most picturesque and historic cities, as well as being its second largest.

Stroll through the UNESCO-listed Bryggen district and discover its colourful wooden wharfs dating back to the 14th century. Bergen's famous fish market is worth a visit, too. It promises to be a feast for the senses with the sights, sounds, and smells of bountiful, fresh seafood which can be cooked there and then for you.

One of the best-known attractions in Bergen is the Fløibanen funicular, which brings you to the top of Mount Fløyen. The summit has a wonderful view over the city, the nearby fjord, and the other surrounding peaks.

Day 8 The city of lighthouses Kristiansand *

We spend the last afternoon of your voyage in Kristiansand, Norway's fifth largest city, sitting along the southern tip of the country,

Kristiansand is on a mission to become the most sustainable port in Europe. Find out more about this admirable quest on an optional excursion that includes a visit to Odderøya Island.

Or delve into Kristiansand's 20th-century military past on an optional excursion to Batterie Vara. Originally built as a German fort in World War II, it features the world's second largest cannon ever to be mounted on land.

Back on the boat, we'll end our voyage on a high note with an end-of-trip farewell dinner. Take this opportunity to trade photo highlights and experiences with your fellow travellers one last time.

Day 9 Norway's thriving capital Oslo *

You've sailed on The North Cape Line, getting to know Norway's coastal cities and villages all the way to the top of the European continent.

During the journey, you'll have experienced Norway's varied climate, seen majestic mountains and fjords, and maybe gazed up in awe at the Northern Lights once or several times.

We hope you'll cherish each of the memories you've made on The North Cape Line. Come sail with us again soon, on another iconic voyage of our spectacular home: the Norwegian coast.

Please note: *

Itineraries are subject to change.





YOUR SHIP: TROLLFJORD

YOUR SHIP: Trollfjord

VESSEL TYPE: Expedition

LENGTH: 135.75 m

PASSENGER CAPACITY: 500

BUILT/REFURBISHED: 2002 / 2023

MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing.

Ship facilities

- · Double-storey observation lounge on the upper decks
- · Large outdoor sun deck with comfortable furniture
- · Wi-Fi throughout the ship
- · Stylish bar with a wide range of beverages
- · Onboard shop stocked with essentials and souvenirs
- · Library with a selection of literature and brochures
- · Espolin Johnson lounge
- · Activities and lectures on board with the Coastal Experience Team
- · Panoramic sauna and fitness room
- · Photography area with camera equipment available for rent
- · A la carte fine-dining restaurant Røst

- \cdot A series of culinary demonstrations and tastings throughout the ship
- · All-day dining bistro Brasserie Árran
- · Main restaurant Flora for all three daily meals

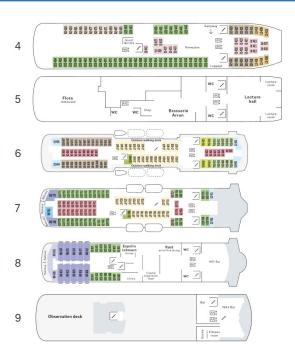


daily meals





INSIDE YOUR SHIP



Arctic Superior. From

Expedition Suite. From



Polar Inside. From





Polar Outside. From





| 02-0ct-2025 to | o 10-Oct-2025 |
|----------------|---------------|
|----------------|---------------|

| Polar Inside. From | 4044 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 4553 AUD pp |
| Arctic Superior. From | 6875 AUD pp |
| Expedition Suite. From | 10463 AUD pp |

16-0ct-2025 to 24-0ct-2025

| Polar Inside. From | 3946 AUD pp |
|-------------------------------|-------------|
| Polar Outside. From | 4538 AUD pp |
| Arctic Superior. From | 6346 AUD pp |
| Expedition Suite. From | 9532 AUD pp |

30-0ct-2025 to 07-Nov-2025

| Polar Inside. From | 3620 AUD pp |
|-------------------------------|-------------|
| Polar Outside. From | 4163 AUD pp |
| Arctic Superior. From | 6153 AUD pp |
| Expedition Suite. From | 9049 AUD pp |

13-Nov-2025 to 21-Nov-2025

| Polar Inside. From | 3563 AUD pp |
|-------------------------------|-------------|
| Polar Outside. From | 4098 AUD pp |
| Arctic Superior. From | 6057 AUD pp |
| Expedition Suite. From | 8908 AUD pp |

27-Nov-2025 to 05-Dec-2025

| Polar Inside. From | 3563 AUD pp |
|-------------------------------|-------------|
| Polar Outside. From | 4098 AUD pp |
| Arctic Superior. From | 6057 AUD pp |
| Expedition Suite. From | 9544 AUD pp |

11-Dec-2025 to 19-Dec-2025

| Polar Inside. From | 3563 AUD pp |
|------------------------|-------------|
| Polar Outside. From | 4098 AUD pp |
| Arctic Superior. From | 6057 AUD pp |
| Expedition Suite. From | 9544 AUD pp |

25-Dec-2025 to 02-Jan-2026

| Polar Inside. From | 4072 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 4683 AUD pp |
| Arctic Superior. From | 6923 AUD pp |
| Expedition Suite. From | 10181 AUD pp |

08-Jan-2026 to 16-Jan-2026

| Polar Inside. From | 3733 AUD pp |
|------------------------|-------------|
| Polar Outside. From | 4293 AUD pp |
| Arctic Superior. From | 6346 AUD pp |
| Expedition Suite. From | 9332 AUD pp |

22-Jan-2026 to 30-Jan-2026

| Polar Inside. From | 3846 AUD pp |
|------------------------|-------------|
| Polar Outside. From | 4423 AUD pp |
| Arctic Superior. From | 6538 AUD pp |
| Expedition Suite. From | 9615 AUD pp |





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| Polar Inside. From | 3959 AUD pp |
|-------------------------------|-------------|
| Polar Outside. From | 4553 AUD pp |
| Arctic Superior. From | 6731 AUD pp |
| Expedition Suite. From | 9898 AUD pp |

19-Feb-2026 to 27-Feb-2026

| Polar Inside. From | 4299 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 4943 AUD pp |
| Arctic Superior. From | 7308 AUD pp |
| Expedition Suite. From | 10746 AUD pp |

05-Mar-2026 to 13-Mar-2026

| Polar Inside. From | 4299 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 4943 AUD pp |
| Arctic Superior. From | 7308 AUD pp |
| Expedition Suite. From | 10746 AUD pp |

19-Mar-2026 to 27-Mar-2026

| Polar Inside. From | 4299 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 4943 AUD pp |
| Arctic Superior. From | 7308 AUD pp |
| Expedition Suite. From | 10746 AUD pp |

02-Apr-2026 to 10-Apr-2026

| Polar Inside. From | 4185 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 4813 AUD pp |
| Arctic Superior. From | 7115 AUD pp |
| Expedition Suite. From | 10464 AUD pp |

16-Apr-2026 to 24-Apr-2026

| Polar Inside. From | 3959 AUD pp |
|------------------------|-------------|
| Polar Outside. From | 4553 AUD pp |
| Arctic Superior. From | 6731 AUD pp |
| Expedition Suite. From | 9898 AUD pp |

30-Apr-2026 to 08-May-2026

| Polar Inside. From | 3959 AUD pp |
|------------------------|-------------|
| Polar Outside. From | 4553 AUD pp |
| Arctic Superior. From | 6731 AUD pp |
| Expedition Suite. From | 9898 AUD pp |

01-0ct-2026 to 09-0ct-2026

| Polar Inside. From | 4584 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 5272 AUD pp |
| Arctic Superior. From | 7793 AUD pp |
| Expedition Suite. From | 11459 AUD pp |

15-0ct-2026 to 23-0ct-2026

| Polar Inside. From | 4343 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 4994 AUD pp |
| Arctic Superior. From | 7383 AUD pp |
| Expedition Suite. From | 10856 AUD pp |





| 29-Oct-2026 to 06-Nov-202 | |
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| Polar Inside. From | 4584 AUD pp |
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| Polar Outside. From | 5272 AUD pp |
| Arctic Superior. From | 7793 AUD pp |
| Expedition Suite. From | 11459 AUD pp |

12-Nov-2026 to 20-Nov-2026

| Polar Inside. From | 4102 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 4717 AUD pp |
| Arctic Superior. From | 6972 AUD pp |
| Expedition Suite. From | 10472 AUD pp |

24-Dec-2026 to 01-Jan-2027

| Polar Inside. From | 4102 AUD pp |
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| Polar Outside. From | 4717 AUD pp |
| Arctic Superior. From | 6972 AUD pp |
| Expedition Suite. From | 10472 AUD pp |

07-Jan-2027 to 15-Jan-2027

| Polar Inside. From | 4826 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 5549 AUD pp |
| Arctic Superior. From | 8203 AUD pp |
| Expedition Suite. From | 12062 AUD pp |

21-Jan-2027 to 29-Jan-2027

| Polar Inside. From | 4343 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 4994 AUD pp |
| Arctic Superior. From | 7383 AUD pp |
| Expedition Suite. From | 10856 AUD pp |

04-Feb-2027 to 12-Feb-2027

| Polar Inside. From | 4343 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 4994 AUD pp |
| Arctic Superior. From | 7383 AUD pp |
| Expedition Suite. From | 10856 AUD pp |

18-Feb-2027 to 26-Feb-2027

| Polar Inside. From | 4464 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 5133 AUD pp |
| Arctic Superior. From | 7588 AUD pp |
| Expedition Suite. From | 11157 AUD pp |

04-Mar-2027 to 12-Mar-2027

| Polar Inside. From | 4826 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 5549 AUD pp |
| Arctic Superior. From | 8203 AUD pp |
| Expedition Suite. From | 12321 AUD pp |

18-Mar-2027 to 26-Mar-2027

| Polar Inside. From | 4826 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 5549 AUD pp |
| Arctic Superior. From | 8203 AUD pp |
| Expedition Suite. From | 12062 AUD pp |





01-Apr-2027 to 09-Apr-2027

| Polar Inside. From | 4826 AUD pp |
|-------------------------------|--------------|
| Polar Outside. From | 5549 AUD pp |
| Arctic Superior. From | 8203 AUD pp |
| Expedition Suite. From | 12062 AUD pp |

15-Apr-2027 to 23-Apr-2027

| Polar Inside. From | 4826 AUD pp |
|------------------------|--------------|
| Polar Outside. From | 5549 AUD pp |
| Arctic Superior. From | 8203 AUD pp |
| Expedition Suite. From | 12062 AUD pp |

Optional extras & upgrades

Optional excursions available. Please get in touch for more information.

