

THE NORTH CAPE LINE - NORTH - 7 DAYS FROM OSLO TO TROMSO

See the stunning beauty of the Norwegian coast, from the seas of its southernmost point to Tromsø, 350 km north of the Arctic Circle. Join us as we sail from Norway's capital on an autumn, winter, or spring trip you'll never forget.



ITINERARY

DAY 1 Discovering Norway's capital *

Oslo

Welcome to Norway. First stop: Norway's thriving capital, Oslo.

If you have time before you board your ship for the voyage ahead, you'll want to explore the many charms this cosmopolitan capital has to offer. Make your way to the city centre, where you can take snaps of the architecturally distinct Radhuset town hall, Royal Palace, and Oslo Cathedral.

As afternoon turns towards evening, board your ship, MS Trollfjord. Once we've





welcomed you and you've settled into your cabin or suite, you'll meet your Coastal Experience Team. You'll get to know each member of the team as they give lectures and organise onboard activities throughout your voyage.

Meet your fellow guests in the ship's two-storey panorama lounge and watch as the capital's twinkling lights fade into the distance.

DAY 2 Settle in at sea *

This is your chance to settle into your cabin, get a taste of Norway's coastal cuisine in the ship's three restaurants and bar, and start to get to know your fellow passengers.

You'll have time to simply watch Norway's spectacular southern coast glide by. Take it all in from the expansive Observation Deck, from the comfort of your ship's two-storey lounge and bar, or as you sweat it out in the panoramic sauna.

As well as the views, this stretch of coast is home to more than its fair share of enthralling stories. Find out more about Norway's coast and the voyage ahead in the lectures, presentations, and onboard activities planned for today.

DAY 3 Fjord views and city culture *

Stavanger

Today, you'll wake to views of the beautiful Lysefjord. The 42-km-long fjord is home to one of Norway's most famous sights: Preikestolen (The Pulpit Rock), which towers 604 metres above the fjord's shimmering waters.

Kjerag mountain, at the end of the fjord, reaches even higher. Along the way, watch for mountain goats, waterfalls, and the famous Kjeragbolten, a glacial boulder wedged high up in a crevasse.

You'll spend much of the rest of the day in Stavanger, a colourful waterside city with an international ambience and a lively cultural scene. Discover the architectural relics of Gamle (Old) Stavanger, which includes Northern Europe's best-preserved collection of wooden houses, and Norway's oldest cathedral, dating from the 12th century.

You can also visit the Norwegian Petroleum Museum, pop into a local boutique shop, or simply enjoy a beer on the waterfront.

DAY 4 A picturesque town *

Ålesund

After breakfast on the ship, we'll dock at a town that spreads out across a string of islands.

Many of the buildings here, from the bright colours to the rounded spires, were inspired by the Art Nouveau style, which was popular in the early 1900s. You can get impressive photos of the archipelago from the nearby Mount Aksla viewpoint.

You can also visit the Atlantic Sea Park, Norway's first marine science centre. This is one of Northern Europe's largest saltwater aquariums, providing a home to seals, otters, and crabs, as well as many other kinds of marine life. You can even see Humboldt Penguins here, a species otherwise absent north of the equator.

Join an optional excursion to explore Ålesund on foot or by bus, as your guide reveals the town's surprising secrets to you.

DAY 5 An ancient fishing town *

Rørvik - surrounded by thousands of islands

The cosy fishing port of Rørvik in the picturesque Vikna archipelago may look small but it has a huge history that is told through both the landscape and the town's collection of museums.

Here, you can join an optional excursion and time travel through the last 10,000 years and get a glimpse of the future, thanks to the Ice Age-carved landscape, carefully preserved 19th-century living rooms, and the ingenuity of Norwegian salmon production - each preserved and explained in three excellent museums.

In the afternoon, we'll continue sailing north through the Vikna archipelago





made up of 6,000 islands, islets and reefs. The local gardens bloom with plum and apple blossoms in the spring, even at 65°N, thanks to the maritime climate.

As we sail through the night, we'll leave the Helgeland coast behind us as we cross the Arctic Circle.

DAY 6 Lofoten islands and our historic birthplace *

Svolvaer - at the heart of Lofoten, Stokmarknes - the birthplace of Hurtigruten

On the penultimate day of your voyage, we explore Lofoten. As soon as you see the towering peaks with fishing villages clinging to their sides, you'll understand why this island chain is praised as one of Norway's most stunning locations.

We'll dock in the town of Svolvaer mid-morning. Located on the island of Austvagøya in the heart of Lofoten, Svolvaer is the biggest town of the archipelago, humming with shops, restaurants, galleries, and cafes to enjoy. You can also admire views of the Svolvaer Goat, a nearby mountain named for resembling a goat and its horns.

A variety of optional excursions are available from Svolvaer, including winter fishing, paddling along the coastline in a kayak, or embarking on a bus tour to learn more about Lofoten's history.

We can't visit the area without spending a couple of hours in Stokmarknes. It was here that the Original Coastal Express was founded in 1893 by shipping pioneer Richard With. On the waterfront, you'll find our 1956 ship MS Finnmarken, encased in the Hurtigruten Museum's glass building like a ship in a bottle.

DAY 7 The gateway to the Arctic *

Tromsø - gateway to the Arctic

We sail into Tromsø mid-morning. This urban city 350 km north of the Arctic Circle is a great place to disembark. It buzzes with life, with everything from trendy restaurants and cafes to boutique shops selling local crafts and produce, and even high fashion. If you can, give yourself time to explore

Tromsø before you go home.

You've sailed on The North Cape Line, getting to know Norway's coastal cities and villages all the way from its capital to deep inside the Arctic Circle. During the journey, you'll have experienced Norway's varied climate, seen majestic mountains and fjords, and maybe gazed up in awe at the Northern Lights once or several times.

We hope you'll cherish each of the memories of The North Cape Line that you'll take home with you. Come sail with us again soon, on another iconic voyage of our spectacular home: the Norwegian coast.

Please note: *

Itineraries are subject to change.





YOUR SHIP: TROLLFJORD

YOUR SHIP: Trollfjord

VESSEL TYPE: Expedition

LENGTH: 135.75 m

PASSENGER CAPACITY: 500

BUILT/REFURBISHED: 2002 / 2023

MS Trollfjord is an homage both to Norwegian nature and our 130-year heritage sailing the Norwegian coast. Locally sourced natural materials such as wood and stone feature prominently throughout the ship's furnishings, reflecting the beauty of the fjords we sail through. The style of decor is classic, timeless, and unique in our fleet. You'll notice details and flourishes that evoke a sense of nostalgia, harking back to a golden era of exclusive small-ship sailing.

Ship facilities

- · Double-storey observation lounge on the upper decks
- · Large outdoor sun deck with comfortable furniture
- · Wi-Fi throughout the ship
- · Stylish bar with a wide range of beverages
- · Onboard shop stocked with essentials and souvenirs
- · Library with a selection of literature and brochures
- · Espolin Johnson lounge
- · Activities and lectures on board with the Coastal Experience Team
- · Panoramic sauna and fitness room
- · Photography area with camera equipment available for rent
- · A la carte fine-dining restaurant Røst

- \cdot A series of culinary demonstrations and tastings throughout the ship
- · All-day dining bistro Brasserie Árran
- · Main restaurant Flora for all three daily meals

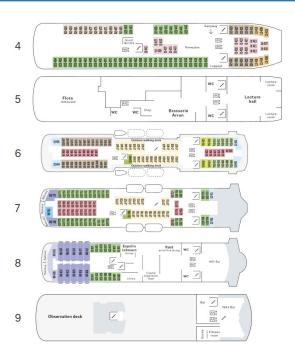


daily meals





INSIDE YOUR SHIP



Arctic Superior. From

Expedition Suite. From



Polar Inside. From





Polar Outside. From





26-Sep-	2025 to	02-0	ct-202	25
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Polar Inside. From	3047 AUD pp
Polar Outside. From	3430 AUD pp
Arctic Superior. From	5071 AUD pp
Expedition Suite. From	7617 AUD pp

10-0ct-2025 to 16-0ct-2025

Polar Inside. From	2973 AUD pp
Polar Outside. From	3465 AUD pp
Arctic Superior. From	4781 AUD pp
Expedition Suite. From	7182 AUD pp

24-0ct-2025 to 30-0ct-2025

Polar Inside. From	2727 AUD pp
Polar Outside. From	3136 AUD pp
Arctic Superior. From	4636 AUD pp
Expedition Suite. From	6818 AUD pp

07-Nov-2025 to 13-Nov-2025

Polar Inside. From	2685 AUD pp
Polar Outside. From	3087 AUD pp
Arctic Superior. From	4564 AUD pp
Expedition Suite. From	6711 AUD pp

21-Nov-2025 to 27-Nov-2025

Polar Inside. From	2685 AUD pp
Polar Outside. From	3087 AUD pp
Arctic Superior. From	4564 AUD pp
Expedition Suite. From	6855 AUD pp

05-Dec-2025 to 11-Dec-2025

Polar Inside. From	2685 AUD pp
Polar Outside. From	3087 AUD pp
Arctic Superior. From	4564 AUD pp
Expedition Suite. From	7191 AUD pp

19-Dec-2025 to 25-Dec-2025

Polar Inside. From	3068 AUD pp
Polar Outside. From	3528 AUD pp
Arctic Superior. From	5216 AUD pp
Expedition Suite. From	7670 AUD pp

02-Jan-2026 to 08-Jan-2026

Polar Inside. From	2812 AUD pp
Polar Outside. From	3234 AUD pp
Arctic Superior. From	4781 AUD pp
Expedition Suite. From	7031 AUD pp

16-Jan-2026 to 22-Jan-2026

Polar Inside. From	2898 AUD pp
Polar Outside. From	3332 AUD pp
Arctic Superior. From	4926 AUD pp
Expedition Suite. From	7244 AUD pp





30-Jan-2026 to	05-Feb-20	26
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Polar Inside. From	2983 AUD pp
Polar Outside. From	3430 AUD pp
Arctic Superior. From	5071 AUD pp
Expedition Suite. From	7457 AUD pp

13-Feb-2026 to 19-Feb-2026

Polar Inside. From	3239 AUD pp
Polar Outside. From	3724 AUD pp
Arctic Superior. From	5506 AUD pp
Expedition Suite. From	8097 AUD pp

27-Feb-2026 to 05-Mar-2026

Polar Inside. From	3239 AUD pp
Polar Outside. From	3724 AUD pp
Arctic Superior. From	5506 AUD pp
Expedition Suite. From	8097 AUD pp

13-Mar-2026 to 19-Mar-2026

Polar Inside. From	3239 AUD pp
Polar Outside. From	3724 AUD pp
Arctic Superior. From	5506 AUD pp
Expedition Suite. From	8097 AUD pp

27-Mar-2026 to 02-Apr-2026

Polar Inside. From	3153 AUD pp
Polar Outside. From	3626 AUD pp
Arctic Superior. From	5361 AUD pp
Expedition Suite. From	7883 AUD pp

10-Apr-2026 to 16-Apr-2026

Polar Inside. From	2983 AUD pp
Polar Outside. From	3430 AUD pp
Arctic Superior. From	5071 AUD pp
Expedition Suite. From	7457 AUD pp

24-Apr-2026 to 30-Apr-2026

Polar Inside. From	2983 AUD pp
Polar Outside. From	3430 AUD pp
Arctic Superior. From	5071 AUD pp
Expedition Suite. From	7457 AUD pp

25-Sep-2026 to 01-Oct-2026

Polar Inside. From	3454 AUD pp
Polar Outside. From	4057 AUD pp
Arctic Superior. From	5871 AUD pp
Expedition Suite. From	8634 AUD pp

09-0ct-2026 to 15-0ct-2026

Polar Inside. From	3272 AUD pp
Polar Outside. From	3763 AUD pp
Arctic Superior. From	5562 AUD pp
Expedition Suite. From	8179 AUD pp





Polar Inside. From	3181 AUD pp
Polar Outside. From	3658 AUD pp
Arctic Superior. From	5407 AUD pp
Expedition Suite. From	7952 AUD pp

06-Nov-2026 to 12-Nov-2026

Polar Inside. From	3090 AUD pp
Polar Outside. From	3553 AUD pp
Arctic Superior. From	5253 AUD pp
Expedition Suite. From	7890 AUD pp

18-Dec-2026 to 24-Dec-2026

Polar Inside. From	3090 AUD pp
Polar Outside. From	3630 AUD pp
Arctic Superior. From	5253 AUD pp
Expedition Suite. From	7890 AUD pp

01-Jan-2027 to 07-Jan-2027

Polar Inside. From	3635 AUD pp
Polar Outside. From	4181 AUD pp
Arctic Superior. From	6180 AUD pp
Expedition Suite. From	9088 AUD pp

15-Jan-2027 to 21-Jan-2027

Polar Inside. From	3272 AUD pp
Polar Outside. From	3763 AUD pp
Arctic Superior. From	5562 AUD pp
Expedition Suite. From	8179 AUD pp

29-Jan-2027 to 04-Feb-2027

Polar Inside. From	3272 AUD pp
Polar Outside. From	3763 AUD pp
Arctic Superior. From	5562 AUD pp
Expedition Suite. From	8179 AUD pp

12-Feb-2027 to 18-Feb-2027

Polar Inside. From	3363 AUD pp
Polar Outside. From	3876 AUD pp
Arctic Superior. From	5716 AUD pp
Expedition Suite. From	8407 AUD pp

26-Feb-2027 to 04-Mar-2027

Polar Inside. From	3635 AUD pp
Polar Outside. From	4181 AUD pp
Arctic Superior. From	6180 AUD pp
Expedition Suite. From	9283 AUD pp

12-Mar-2027 to 18-Mar-2027

Polar Inside. From	3635 AUD pp
Polar Outside. From	4181 AUD pp
Arctic Superior. From	6180 AUD pp
Expedition Suite. From	9088 AUD pp





26-Mar-2027 to 01-Apr-2027

Polar Inside. From	3635 AUD pp
Polar Outside. From	4181 AUD pp
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Optional extras & upgrades

Optional excursions available. Please get in touch for more information.

