

NORWEGIAN COASTAL ODYSSEY - A SUMMER VOYAGE FROM ABERDEEN TO THE NORWEGIAN COAST

Join us aboard the MS Hebridean Sky for our summer voyage to Norway, one of Europe's most beautiful and awe-inspiring countries. Our roundtrip sailing departs from Aberdeen and on our way north we will call into the remote Shetland Islands to learn of the many legends that have shaped this mystical place. Continuing to Norway we begin our navigation of its stunning coastline with its unhampered landscape and pristine wilderness promising to delight those with a love for the natural world.

We will spend seven days exploring Norway and our itinerary combines the wonders of the natural world with the historical and cultural highlights of the area. Of historical interest will be our time spent in the old town of Stavanger where we will see the traditional 19th century wooden buildings and whilst in Vikoyri, location of the oldest stave church in existence, we will see the nearby Moahaugane burial mounds which originate from 200-400 AD. In addition, we explore Haugesund, the region which has laid claim to the title of Norway's Birthplace and Homeland of the Viking Kings.

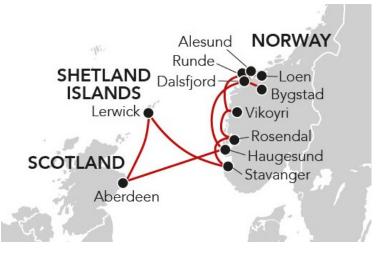
Amongst the many opportunities to witness Norway's epic scenery will be our exploration of the stunningly beautiful Hardangerfjord with its magnificent Langfoss waterfall, a cruise on the lovely Loen Lake surrounded by majestic mountains and our time spent in Dalsfjord, a little known fjord arm from where we travel to the spectacular landscape of Sunnfjord and 'waterfall country'. We also cruise by the bird cliffs at Runde, one of the largest nesting cliffs in Norway and home to more





than 240 species of birds.

There is no better way to explore this endlessly fascinating region than aboard the 118-passenger MS Hebridean Sky and joining you on board will be an expert team who have been selected for their enthusiasm, professionalism and specialist knowledge of the natural world. The region is simply perfect for exploration by small ship and with over 30 years of experience in operating cruises in Norway, we believe we have the perfectly balanced itinerary featuring as it does a combination of majestic fjords, small towns, cultural history and wildlife. Our days will be spent on guided excursions with local guides, on walks with our naturalists and on deck of the MS Hebridean Sky as we cruise amongst the fjords.



the fjords.

ITINERARY

Day 1 Aberdeen, Scotland.

Embark the MS Hebridean Sky this afternoon. Transfers will be provided from Aberdeen Airport and Railway Station at a fixed time. Sail this evening.

Day 2 Lerwick, Shetland Islands.

After a morning at sea we arrive in the Shetland capital from where we have a choice of options. Maybe visit the remarkable archaeological site of Jarlshof which was uncovered by a violent storm in the winter of 1896/7, revealing an extraordinary settlement site embracing at least 5000 years of human history. The site contains a remarkable sequence of stone structures - late Neolithic houses, a Bronze-Age village, an Iron-Age broch and wheelhouses, several Norse longhouse, a Medieval farmstead, and the 16th century laird's house. Alternatively join a walking tour of the historic port. Explore the narrow stone lanes before visiting the excellent Shetland Museum which features artefacts from shipwrecks and the whaling era.

Day 3 Stavanger, Norway.

Spend the morning at sea as we cross to Norway arriving into Stavanger at lunchtime. This afternoon we have the chance to stroll in the small harbour with its multi-coloured traditional wooden buildings. Old Stavanger is a cluster of 173 small white wooden houses built in the 19th century which house craft shops, galleries and museums. We sail late this evening for anyone wishing to enjoy an evening ashore.

Day 4 Rosendal.

Sail this morning into Hardangerfjord, the third largest fjord in the world. We will anchor and use our Zodiacs to land at Rosendal from where we drive along the fjord towards the small part of the Hardangerfjord called Maurangerfjord, experiencing the idyllic scenery and farms along the way and viewing the magnificent Langfoss waterfall. When we arrive at the small village of Sunndal we will walk to Bondhus Lake which is surrounded by a fascinating landscape of fjords and mountains. After lunch on board we have free time to explore the town, maybe visit the 12th century Kvinnherad Church, the Stone Park or see the gardens at Barony Rosendal.

Day 5 Vikoyri.





Cruise this morning through the scenic Sognefjord towards the small village of Vikoyri. An afternoon walk will include the richly decorated Hopperstad Stave Church which was built in 1130 and is the oldest stave church in existence. We also see the 12th century Hove stone church and the nearby Moahaugane burial mounds which originate from 200-400 AD. There will also be the opportunity to try the local cheese delicacy of "gamal ost", the recipe for which originated from the Vikings and it is still in production at the dairy in Vikoyri. Return to the MS Hebridean Sky via the picturesque homes and boathouses.

Day 6 Loen, Nordfjord.

Today we leave the charming village of Loen and take a drive to the Kjenndal valley where we board a small boat to experience the lovely Loen Lake, passing through majestic mountains covered by protruding glacier arms. Upon reaching Kjenndalsbre Fjellstove we will enjoy a short break with homemade Norwegian waffles. We continue to the Kjenndalsbre glacier viewpoint, an arm of the mighty Jostedals Glacier, the largest in mainland Europe. After lunch on board enjoy some free time in Loen, maybe take a trip on the cable car which rises 1100 metres and offers wonderful views over the fjord below. Sail in the early evening to enjoy the scenery of Nordfjord.

Day 7 Alesund & Runde.

Spend the morning in Alesund, one of the most beautiful towns in Norway. We will explore the streets with their Art Nouveau buildings and those feeling active can take a walk up Mount Aksla, climbing the 418 steps for magnificent views of the town, islands and Sunnmore Alps. In the late afternoon we will cruise by the bird cliffs at Runde, one of the largest nesting cliffs in Norway and home to half a million birds. More than 240 different species have been observed here including puffins, gannets, razorbills and northern fulmar.

Day 8 Dalsfjord & Bygstad.

Dalsfjord lies at the heart of Western Norway with its starkly contrasting fjord scenery, halfway between Bergen and Alesund. This little-known fjord arm has a gentler landscape where powerful and diverse watercourses have left their impression on the scenery and settlements. Today's tour will take us through this beautiful environment and over to Sunnfjord with its magnificent waterfalls

and mountains. We will visit Sunnfjord Museum, which provides an insight into how life was in local settlements in the mid 1800s, before taking a scenic drive to the region known as 'waterfall country'. Here we will stop at the Huldefossen and Likholefossen waterfalls before returning via the Hestadfjord where we find the 19th century Hestad Church located in idyllic surroundings.

Day 9 Haugesund.

At breakfast we arrive in Haugesund where, a thousand years ago, King Harald Fairhair united Norway into a single kingdom, and it was from this area that the Viking Kings ruled Norway for more than 500 years. The region has laid claim to the title of Norway's Birthplace and Homeland of the Viking Kings. This morning we will visit the 13th century St Olav's Church before learning about the Viking Age at the Nordvegen Heritage Centre. This afternoon you can choose to explore further at your own pace or join the guided visit to the charming old town of Skudeneshavn which consists of 130 white wooden houses originating from the 1800s, when herring fishing was at its peak. We will stroll through the streets and our guide will share stories about the locals that lived here before we visit the Maelandsgarden Museum which highlights the development of the town.

Day 10 At Sea.

Enjoy a relaxing day at sea as we return to Scotland.

Day 11 Aberdeen, Scotland.

Disembark after breakfast. Transfers will be provided to Aberdeen Airport and Railway Station at a fixed time.

Please note:

Itineraries are subject to change.





YOUR SHIP: HEBRIDEAN SKY

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VESSEL TYPE: Expedition

LENGTH: 90.6 metres

PASSENGER CAPACITY: 118

BUILT/REFURBISHED: 1992 / 2016

The MS Hebridean Sky is one of our three elegant sister ships--alongside the MS Island Sky and MS Caledonian Sky--renowned for their small size, comfort, and service. Built in the same Italian shipyard, this refined vessel underwent a multi-million-pound refurbishment in 2016, enhancing its private yacht-like atmosphere.

Suites

The ship offers 59 spacious, outside-facing suites over five decks, with 14 featuring private balconies. Each suite includes a sitting area, en-suite bathroom with rainfall shower, flat-screen TV, minibar, safe, dressing table, Molton Brown toiletries, robes, slippers, and individually controlled climate settings. Beds can be configured as twins or doubles, except in suites 601 and 602. The luxurious Hebridean Suite includes a large balcony, sitting room, and complimentary minibar and laundry.

Public Areas

Public spaces include a panoramic lounge for talks and briefings, The Club bar with live piano music, a library with books and games, and ample outdoor deck space including a wildlife observation area. A lift serves all decks, and there is a small hair salon and an onboard doctor. Complimentary satellite

Wi-Fi is available, though signal strength may vary.

Dining

Meals are served in a single sitting in the elegant dining room or al fresco on the Lido Deck. Cuisine is fresh and varied, often featuring local produce. Enjoy daily afternoon tea, pre-dinner canapes, and wines with lunch and dinner. Breakfast is buffet-style with cooked-to-order options. Barbecues and live cooking stations are also offered. Special diets can be accommodated with notice.

Experience

Designed for those who prefer a quiet, enriching cruise, the Hebridean Sky offers a relaxed, yacht-like ambiance without large ship distractions. There's no organised entertainment or dress codes--just thoughtful service, enriching lectures, and scenic cruising among like-minded travellers.

Comfort & Safety

The vessel is fitted with stabilisers, modern navigation systems, and safety equipment. Guests can visit the Bridge, view route information on suite TVs, and enjoy peace of mind with a fully equipped clinic on board.





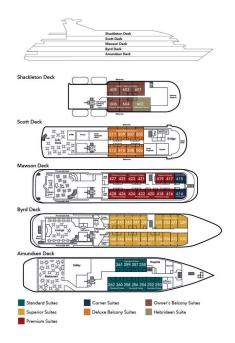


c on board.





INSIDE YOUR SHIP







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