

COLUMBIA AND SNAKE RIVERS: FOOD, WINE, AND HISTORY - 6 DAY CRUISE

Experience the bounty of the Pacific Northwest in less than a week with National Geographic-Lindblad Expeditions and wines curated by Food & Wine Executive Wine Editor Ray Isle. Delve deep into the history, harvests, and landscapes of the Columbia and Snake rivers, while indulging your senses with the region's culinary splendors and world-class wines. Actively explore the region on hikes, kayaking excursions, and visits to museums and wineries. Our nimble, intimately scaled ship offers an unmatched vantage for taking in the rolling valleys and soaring canyons, and a top team of naturalists--including experts on history, geology, and wine--illuminates all we see and savor.



ITINERARY

Day 1 Portland, Oregon / Embark Ship

Arrive in the early afternoon in Portland, located in the shadow of snow-capped Mount Hood. Embark in early evening and enjoy wine and champagne as we sail under eight of Portland's 12 eclectic bridges along the Willamette River.

Arrival Time: Arrive by 3:00 p.m. local time. Arrival City: Portland, OR

Meals Included: Dinner

Day 2 The Dalles / Hood River





Immerse yourself in natural and man-made marvels as we explore the scenic Columbia and pass through Bonneville Lock and Dam. Take a steaming cup of coffee to the bow where our naturalists offer honest perspectives on the controversial history of dams along the river. In the afternoon, make a stop at neck-craning Multnomah Falls before an optional hike of iconic Beacon Rock, a basalt column towering 848 feet above the Columbia River, or a visit to the Bonneville Fish Hatchery. Later, enjoy a private event with Syncline Winery at the Columbia Gorge Interpretive Center. Savor canapes and Syncline's distinctive wines as you take in 15,000 years of cultural history, including indigenous art and massive working steam engine.

Meals Included: Breakfast, Lunch, Dinner

Day 3 Cruising the Gorge

Today we spend the day cruising through some of the most scenic and geologically interesting stretches of the Columbia River and the Columbia Plateau. Our geologists provide fascinating insight on the glacial floods that sculpted the landscape 13,000 years ago, as our food and wine expert illustrates the expression of such unique terrain through its tastes and tannins.

Meals Included: Breakfast, Lunch, Dinner

Day 4 Walla Walla, Washington

Drive through some of the most fertile agricultural areas in the nation, with bright, rolling green and purple fields of sprouting wheat, asparagus, and famous Walla Walla sweet onions. In the morning, discover the thriving art scene on a guided tour, or choose to visit the Whitman Mission, a standout National Historic Site where friction between Native Americans and white missionaries erupted into an event that reverberates in our culture today. After lunch at a local winery, explore charming downtown Walla Walla at your leisure, perusing local galleries, sampling sweets at the country's #1 candy store, or popping into cozy tasting rooms.

Meals Included: Breakfast, Lunch, Dinner

Day 5 Palouse River

The still water of the Palouse River is the perfect mirror for the surrounding basalt cliffs as we set off on our Zodiac and kayak adventures. Later visit Palouse Falls, where waters plunge 200 feet into a churning pool. These falls and the surrounding canyon with its towering cliffs, cavernous holes in the earth, and winding water routes are part of geologically unique channeled scablands created by ancient floods. Before a special final dinner, we'll raise our glasses to an unforgettable adventure through the food, wine, and history of the Pacific Northwest.

Meals Included: Breakfast, Lunch, Dinner

Day 6 Clarkston / Disembark Ship

Arrive in Clarkston this morning and enjoy breakfast on board before transferring to the airport for connecting flights home. Choose to fly from nearby Lewiston, Idaho, or from Spokane, Washington, two hours away.

Departure Time: After 12:00 p.m., local time. Departure City: Lewiston, ID or Spokane, WA

Meals Included: Breakfast

Please note:

Itineraries are subject to change.





YOUR SHIP: NATIONAL GEOGRAPHIC SEABIRD & SEALION

National Geographic SeaBird &

YOUR SHIP: SeaLion

VESSEL TYPE: Comfortable Expedition

LENGTH: 52 metres

PASSENGER CAPACITY: 62 (in twin cabins)

BUILT/REFURBISHED: 1982 / Refurbished 2015

Nimble, reliable, and built for discovery, National Geographic Sea Lion and National Geographic Sea Bird are twin expedition ships expertly crafted to explore the wild and remote coastlines of North and Central America. Designed with shallow draughts and a compact size, these U.S.-flagged vessels can access places that larger ships simply cannot--slipping into narrow channels teeming with whales, anchoring in secluded bays ideal for snorkelling and kayaking, and edging close to waterfalls and rugged landscapes. With only 62 guests on board each ship and a warm, welcoming crew of 30, the atmosphere remains informal and intimate, fostering a close-knit sense of shared adventure.

Both ships offer 31 outside cabins across three decks, along with inviting public spaces such as a lounge with a full-service bar, a library, and a partially covered sundeck with ample seating. Dining is enjoyed in a relaxed, single-seating arrangement with no assigned tables, and menus highlight sustainable and locally sourced ingredients wherever possible. Guests can make use of a fleet of Zodiacs, kayaks, and stand-up paddleboards for immersive exploration, while an

"open bridge" policy allows them to interact with the Captain and crew, learning about navigation first-hand. Often described as reminiscent of Cousteau's Calypso, these ships embody the spirit of true expedition cruising with modern comfort and deep engagement with the natural world.

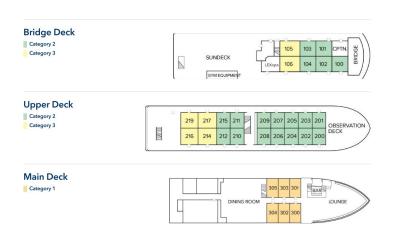


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